

Hong Kong Masters Athletics Club  
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M50 - 100M



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	10.88	WILLIE GAULT		LOS ANGELES,	2011/05/07
HONG KONG RECORD	10.28	TSUI CHI HO 徐志豪	Bank of China (Hong Kong) 53rd		2010/05/16
	10.28	NG KA FUNG 吳家鋒	ASICS Hong Kong Athletics Series	Wanchai SG	2021/09/11
Masters ACR	12.25	TAM ERNIE 譚仲英	The 6th Hong Kong Masters	TKO SG	2021/09/12
HKMAC RECORD	12.25	TAM ERNIE 譚仲英	The 6th Hong Kong Masters	TKO SG	2021/09/12



2023/10/29



Start: 14:15



28°C



58%

Final 1 /3

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	W/S	Remarks
1	1-5	IP PAK LAM	葉栢林	50383 SJACS	13.31	+0.6	
2	1-2	HO CHI YUEN	何志遠	50382 SJACS	13.32	+0.6	
3	1-4	HUI TIT WAH	許鐵華	50373 SCAA	13.57	+0.6	
4	1-3	WONG HO MAN ALBERT	黃浩文	50345 DBSAC	15.36	+0.6	
	1-7	CHAU ANTONIO	周偉雄	50327 DBSAC	DNS		
	1-6	CHU WAI TAK VICTOR	朱偉德	50315 AVOHK	DNS		

Final 2 /3

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	W/S	Remarks
1	2-5	WONG TUNG HONG EDDIE	黃東康	50377 SCAA	12.30	+1.3	12.292"
2	2-4	KWAN WING LOK	關永樂	50374 SCAA	12.91	+1.3	
3	2-3	NGAN HUNG PUN	顏鴻斌	50384 SJACS	13.53	+1.3	
4	2-7	KWAN MAN FAI	關文輝	50334 DBSAC	13.71	+1.3	
	2-6	HUI CHI WAI FREDERICK	許志偉	50372 SCAA	DNS		
	2-2	CHAN YEE PONG ALAN	陳義邦	50326 DBSAC	DNS		

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主辦單位:



協辦機構:



合作伙伴:



合作媒體:



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The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M50 - 100M



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HKMAC RECORD	12.25	TAM ERNIE 譚仲英	The 6th Hong Kong Masters	TKO SG	2021/09/12



2023/10/29



Start: 14:15



28°C



58%

Final 3 /3

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	W/S	Remarks
1	3-5	WONG KIN ON	黃健安	50320 AVOHK	11.82	-0.7	HKMACR, R
2	3-4	TAM ERNIE	譚仲英	50343 DBSAC	12.30	-0.7	12.294"
3	3-7	CHEUNG PRINCETON	張嘉恆	50328 DBSAC	12.66	-0.7	
4	3-2	LUI TIM	雷裕文	50340 DBSAC	12.87	-0.7	
5	3-6	WONG LEI PO	黃利寶	50376 SCAA	12.90	-0.7	
6	3-3	WAI YAT CHUNG PETER	衛逸聰	50386 SJACS	13.03	-0.7	

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Men's M50 - 100M



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	10.28	NG KA FUNG 吳家鋒	ASICS Hong Kong Athletics Series	Wanchai SG	2021/09/11
Masters ACR	12.25	TAM ERNIE 譚仲英	The 6th Hong Kong Masters	TKO SG	2021/09/12
HKMAC RECORD	12.25	TAM ERNIE 譚仲英	The 6th Hong Kong Masters	TKO SG	2021/09/12



2023/10/29



Start: 14:15



28°C



58%

Summary

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	W/S	Remarks
1	3-5	WONG KIN ON	黃健安	50320 AVOHK	11.82	-0.7	HKMACR, R
2	2-5	WONG TUNG HONG EDDIE	黃東康	50377 SCAA	12.30	+1.3	12.292"
3	3-4	TAM ERNIE	譚仲英	50343 DBSAC	12.30	-0.7	12.294"
4	3-7	CHEUNG PRINCETON	張嘉恆	50328 DBSAC	12.66	-0.7	
5	3-2	LUI TIM	雷裕文	50340 DBSAC	12.87	-0.7	
6	3-6	WONG LEI PO	黃利寶	50376 SCAA	12.90	-0.7	
7	2-4	KWAN WING LOK	關永樂	50374 SCAA	12.91	+1.3	
8	3-3	WAI YAT CHUNG PETER	衛逸聰	50386 SJACS	13.03	-0.7	
9	1-5	IP PAK LAM	葉栢林	50383 SJACS	13.31	+0.6	
10	1-2	HO CHI YUEN	何志遠	50382 SJACS	13.32	+0.6	
11	2-3	NGAN HUNG PUN	顏鴻斌	50384 SJACS	13.53	+1.3	
12	1-4	HUI TIT WAH	許鐵華	50373 SCAA	13.57	+0.6	
13	2-7	KWAN MAN FAI	關文輝	50334 DBSAC	13.71	+1.3	
14	1-3	WONG HO MAN ALBERT	黃浩文	50345 DBSAC	15.36	+0.6	
	2-2	CHAN YEE PONG ALAN	陳義邦	50326 DBSAC	DNS		

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Hong Kong Masters Athletics Club  
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Men's M50 - 100M



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	10.88	WILLIE GAULT		LOS ANGELES,	2011/05/07
HONG KONG RECORD	10.28	TSUI CHI HO 徐志豪	Bank of China (Hong Kong) 53rd		2010/05/16
	10.28	NG KA FUNG 吳家鋒	ASICS Hong Kong Athletics Series	Wanchai SG	2021/09/11
Masters ACR	12.25	TAM ERNIE 譚仲英	The 6th Hong Kong Masters	TKO SG	2021/09/12
HKMAC RECORD	12.25	TAM ERNIE 譚仲英	The 6th Hong Kong Masters	TKO SG	2021/09/12



29 2023/10/29



Start: 14:15



28°C



58%

Summary

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	W/S	Remarks
1-7		CHAU ANTONIO	周偉雄	50327 DBSAC	DNS		
1-6		CHU WAI TAK VICTOR	朱偉德	50315 AVOHK	DNS		
2-6		HUI CHI WAI FREDERICK	許志偉	50372 SCAA	DNS		

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Hong Kong Masters Athletics Club  
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Men's M50 - 100MH



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	13.57	WALTER BUTLER		NAPERVILLE, USA	1991/07/05
Masters ACR	15.53	MOHD ALI Shamry	Hong Kong Masters Athletics	TKO SG	2017/11/11
HKMAC RECORD	15.80	LAM WAI KEUNG GALEN 林威強	The 6th Hong Kong Masters	TKO SG	2021/09/12



29 2023/10/29



Start: 09:50



27°C



66%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	W/S	Remarks
1	1-2	WONG KAI TUNG DOMINIC	黃啟東	50367 Pacers	16.15	+1.4	
2	1-3	HUI TIT WAH	許鐵華	50373 SCAA	17.10	+1.4	
3	1-4	CHUI KAM TONG TONY	崔錦棠	50371 SCAA	18.14	+1.4	
	1-7	CHU WAI TAK VICTOR	朱偉德	50315 AVOHK	DNS		
	1-5	WONG LEI PO	黃利寶	50376 SCAA	DNS		

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Hong Kong Masters Athletics Club  
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M50 - 1500M

Record	Perf	Athlete	Event	Place	Date
	WMA RECORD	3:58.26 DAVID HEATH		CASTRES, FRA	2015/06/21
	HONG KONG RECORD	3:55.60 DAVE GIBSON			1972/03/07



2023/10/29



Start: 15:25



27°C



69%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-8	HO BERNARD		50354 LSCAC	5:35.10	
2	1-4	WONG KENNETH WAI TAO	王偉濤	50346 DBSAC	5:45.46	
3	1-5		林達智	50324 DBSAC	5:47.38	
4	1-7	HO CHI KEUNG RICHARD CHRISTOPHER		50355 LSCAC	5:51.80	
5	1-2	LAU SIU WAH HERRICK	劉紹華	50358 LSCAC	6:04.68	
6	1-9	LAI WAI YEUNG	賴維揚	50317 AVOHK	6:37.56	
7	1-3	WU DIK LUN TOMMY	胡迪麟	50366 LSCAC	6:51.51	
8	1-6	CHEUK CHUNG LUN ALLEN	卓仲麟	50352 LSCAC	6:57.57	
	1-1	LAI HOK YAN JONNY	賴學恩	50369 PoliceAC	DNS	

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Hong Kong Masters Athletics Club  
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M50 - 200M



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	22.44	WILLIE GAULT		LOS ANGELES,	2011/05/07
HONG KONG RECORD	20.94	TANG YIK CHUN 鄧亦峻			2005/04/16
Masters ACR	25.14	TAM ERNIE 譚仲英	The 6th Hong Kong Masters	TKO SG	2021/09/11
HKMAC RECORD	25.14	TAM ERNIE 譚仲英	The 6th Hong Kong Masters	TKO SG	2021/09/11



28 2023/10/28



Start: 11:20



28°C



70%

Final 1 **1/3**

Pos	Heat/ Name Lane	姓名	Bib#/ Team	Result	W/S	Remarks
1	1-6 IP PAK LAM	葉栢林	50383 SJACS	27.37	-0.1	
2	1-7 HO CHI YUEN	何志遠	50382 SJACS	27.52	-0.1	
3	1-3 CHAN MAN YUEN	陳文遠	50370 SCAA	27.63	-0.1	
4	1-4 HUI TIT WAH	許鐵華	50373 SCAA	28.28	-0.1	
	1-5 CHAN YEE PONG ALAN	陳義邦	50326 DBSAC	DNS		

Final 2 **2/3**

Pos	Heat/ Name Lane	姓名	Bib#/ Team	Result	W/S	Remarks
1	2-5 WONG LEI PO	黃利寶	50376 SCAA	26.87	+2.8	
2	2-8 NGAN HUNG PUN	顏鴻斌	50384 SJACS	28.34	+2.8	
	2-7 LUI TIM	雷裕文	50340 DBSAC	DNS		
	2-3 HUI CHI WAI FREDERICK	許志偉	50372 SCAA	DNS		
	2-6 LAI WAI YEUNG	賴維揚	50317 AVOHK	DNS		
	2-4 LUI MOSES	雷裕武	50339 DBSAC	DNS		

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Men's M50 - 200M



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	22.44	WILLIE GAULT		LOS ANGELES,	2011/05/07
HONG KONG RECORD	20.94	TANG YIK CHUN 鄧亦峻			2005/04/16
Masters ACR	25.14	TAM ERNIE 譚仲英	The 6th Hong Kong Masters	TKO SG	2021/09/11
HKMAC RECORD	25.14	TAM ERNIE 譚仲英	The 6th Hong Kong Masters	TKO SG	2021/09/11



2023/10/28



Start: 11:20



28°C



70%

Final 3/3

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	W/S	Remarks
1	3-5	WONG KIN ON	黃健安	50320 AVOHK	23.88	+2.1	
2	3-6	TAM ERNIE	譚仲英	50343 DBSAC	24.52	+2.1	
3	3-4	WONG TUNG HONG EDDIE	黃東康	50377 SCAA	25.36	+2.1	
4	3-7	CHEUNG PRINCETON	張嘉恆	50328 DBSAC	26.01	+2.1	
5	3-3	KWAN WING LOK	關永樂	50374 SCAA	26.64	+2.1	
6	3-8	WAI YAT CHUNG PETER	衛逸聰	50386 SJACS	26.76	+2.1	

Summary

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	W/S	Remarks
1	3-5	WONG KIN ON	黃健安	50320 AVOHK	23.88	+2.1	
2	3-6	TAM ERNIE	譚仲英	50343 DBSAC	24.52	+2.1	
3	3-4	WONG TUNG HONG EDDIE	黃東康	50377 SCAA	25.36	+2.1	
4	3-7	CHEUNG PRINCETON	張嘉恆	50328 DBSAC	26.01	+2.1	
5	3-3	KWAN WING LOK	關永樂	50374 SCAA	26.64	+2.1	
6	3-8	WAI YAT CHUNG PETER	衛逸聰	50386 SJACS	26.76	+2.1	
7	2-5	WONG LEI PO	黃利寶	50376 SCAA	26.87	+2.8	
8	1-6	IP PAK LAM	葉栢林	50383 SJACS	27.37	-0.1	

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Men's M50 - 200M



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HONG KONG RECORD	20.94	TANG YIK CHUN 鄧亦峻			2005/04/16
Masters ACR	25.14	TAM ERNIE 譚仲英	The 6th Hong Kong Masters	TKO SG	2021/09/11
HKMAC RECORD	25.14	TAM ERNIE 譚仲英	The 6th Hong Kong Masters	TKO SG	2021/09/11



2023/10/28



Start: 11:20



28°C



70%

Summary

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	W/S	Remarks
9	1-7	HO CHI YUEN	何志遠	50382 SJACS	27.52	-0.1	
10	1-3	CHAN MAN YUEN	陳文遠	50370 SCAA	27.63	-0.1	
11	1-4	HUI TIT WAH	許鐵華	50373 SCAA	28.28	-0.1	
12	2-8	NGAN HUNG PUN	顏鴻斌	50384 SJACS	28.34	+2.8	
	1-5	CHAN YEE PONG ALAN	陳義邦	50326 DBSAC	DNS		
	2-3	HUI CHI WAI FREDERICK	許志偉	50372 SCAA	DNS		
	2-6	LAI WAI YEUNG	賴維揚	50317 AVOHK	DNS		
	2-4	LUI MOSES	雷裕武	50339 DBSAC	DNS		
	2-7	LUI TIM	雷裕文	50340 DBSAC	DNS		

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合作伙伴:



DESIGN CONSULTANTS  
意樂設計顧問



合作媒體:



Hong Kong Masters Athletics Club  
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M50 - 400M



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	50.51	JUAN LUIS LOPEZ ANAYA		GRANADA, ESP	2021/07/16
HONG KONG RECORD	47.28	CHAN KA CHUN 陳嘉駿	Chinese Taipei Open Meet		2015/05/15
Masters ACR	58.74	TAM ERNIE 譚仲英	The 6th Hong Kong Masters	TKO SG	2021/09/12
HKMAC RECORD	58.74	TAM ERNIE 譚仲英	The 6th Hong Kong Masters	TKO SG	2021/09/12



2023/10/29



Start: 11:45



27°C



62%

Final 1 **1/2**

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-3	WONG KIN ON	黃健安	50320 AVOHK	54.04	HKMACR, R
2	1-7	WONG KAI TUNG DOMINIC	黃啟東	50367 Pacers	58.56	HKMACR, R
3	1-4	LAI WAI YEUNG	賴維揚	50317 AVOHK	1:04.00	
	1-6	VALCARCEL ISRAEL		50319 AVOHK	DNS	
	1-5	WU DIK HUNG TEDDY	胡迪熊	50365 LSCAC	DNS	

Final 2 **2/2**

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	2-4	LOWCOCK KEITH PATRICK		50338 DBSAC	1:00.41	
2	2-7	WONG YAT CHEE	黃一慈	50348 HKLRRRC	1:01.47	
3	2-6	CHUI KAM TONG TONY	崔錦棠	50371 SCAA	1:02.27	
4	2-3	LUI MOSES	雷裕武	50339 DBSAC	1:03.22	
	2-5	CHAN MAN YUEN	陳文遠	50370 SCAA	DNS	

Summary

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-3	WONG KIN ON	黃健安	50320 AVOHK	54.04	HKMACR, R
2	1-7	WONG KAI TUNG DOMINIC	黃啟東	50367 Pacers	58.56	HKMACR, R

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合作媒體:



Hong Kong Masters Athletics Club  
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Men's M50 - 400M



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	50.51	JUAN LUIS LOPEZ ANAYA		GRANADA, ESP	2021/07/16
HONG KONG RECORD	47.28	CHAN KA CHUN 陳嘉駿	Chinese Taipei Open Meet		2015/05/15
Masters ACR	58.74	TAM ERNIE 譚仲英	The 6th Hong Kong Masters	TKO SG	2021/09/12
HKMAC RECORD	58.74	TAM ERNIE 譚仲英	The 6th Hong Kong Masters	TKO SG	2021/09/12



2023/10/29



Start: 11:45



27°C



62%

Summary

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
3	2-4	LOWCOCK KEITH PATRICK		50338 DBSAC	1:00.41	
4	2-7	WONG YAT CHEE	黃一慈	50348 HKLRRRC	1:01.47	
5	2-6	CHUI KAM TONG TONY	崔錦棠	50371 SCAA	1:02.27	
6	2-3	LUI MOSES	雷裕武	50339 DBSAC	1:03.22	
7	1-4	LAI WAI YEUNG	賴維揚	50317 AVOHK	1:04.00	
	2-5	CHAN MAN YUEN	陳文遠	50370 SCAA	DNS	
	1-6	VALCARCEL ISRAEL		50319 AVOHK	DNS	
	1-5	WU DIK HUNG TEDDY	胡迪熊	50365 LSCAC	DNS	

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Hong Kong Masters Athletics Club  
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Men's M50 - 400MH

Record	Perf	Athlete	Event	Place	Date
WMA RECORD	56.35	MATTHIAS SUNNEBORN		SOLENTUNA, SW	2021/06/13



2023/10/28



Start: 14:20



27°C



74%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-6	WONG KAI TUNG DOMINIC	黃啟東	50367 Pacers	1:05.38	
2	1-3	CHUI KAM TONG TONY	崔錦棠	50371 SCAA	1:07.15	
3	1-5	WONG LEI PO	黃利寶	50376 SCAA	1:21.15	
	1-4	CHU WAI TAK VICTOR	朱偉德	50315 AVOHK	DNS	

DQ=Disqualify 犯規 DNS=Did not Start 沒有開始比賽 DNF=Did not Finish 沒有完成比賽 NM=No Mark 沒有成績 R=Record 新紀錄

主辦單位:



協辦機構:



合作伙伴:



DESIGN CONSULTANTS  
意樂設計顧問



合作媒體:



Hong Kong Masters Athletics Club  
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M50 - 4X100M



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	44.47	FREY, JAMES, FULTON, BARNWELL		PHILADELPHIA,	2009/04/24
HONG KONG RECORD	38.47	HONG KONG TEAM			2012/05/26
Masters ACR	48.17	SCAA M50 4X100M (A)	The 6th Hong Kong Masters	TKO SG	2021/09/11
HKMAC RECORD	48.17	SCAA M50 4X100M (A)	The 6th Hong Kong Masters	TKO SG	2021/09/11



2023/10/29



Start: 16:25



26°C



72%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-2	DBSAC M50 4X100米 (A) 雷裕文, 張嘉恆, LOWCOCK KEITH PATRICK, 譚仲英		DBSAC	49.06	
2	1-5	南華 M50 4X100米 (B) 黃東康, 許鐵華, 黃利寶, 關永樂		SCAA	49.48	
3	1-8	南華 M50 4X100米 (A) 林偉堅, 蘇德擎, 李立揚, 崔錦棠		SCAA	52.16	
4	1-7	AVOHK M50 4X100米 黃健安, MCNAMARA FRANK, 馬敬將, 賴維揚		AVOHK	54.46	
5	1-3	DBSAC M50 4X100米 (B) 馮正昌, 雷裕武, 陳義邦, 關文輝		DBSAC	55.99	
6	1-4	LSCAC M50 4X100米 CHIU YEE HANG THOMAS, 梁灝然, 劉紹華, 卓仲麟		LSCAC	57.88	
7	1-6	SJACS M50 4X100米 顏鴻斌, 衛逸聰, 何志遠, 葉栢林		SJACS	1:17.92	

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主辦單位:



協辦機構:



合作伙伴:



合作媒體:



Hong Kong Masters Athletics Club  
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M50 - 4X400M



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	3:31.76	SULLIVAN, MOODY, GATLING, BLAC		SACRAMENTO, US	2011/07/17
HONG KONG RECORD	3:11.28	HONG KONG TEAM			2014/09/29
Masters ACR	4:06.29	SCAA M50 4X400M (A)	The 6th Hong Kong Masters	TKO SG	2021/09/12
HKMAC RECORD	4:06.29	SCAA M50 4X400M (A)	The 6th Hong Kong Masters	TKO SG	2021/09/12



2023/10/28



Start: 16:30



26°C



84%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-3	DBSAC M50 4X400米 (A) 張嘉恆, 雷裕武, LOWCOCK KEITH PATRICK, 譚仲英		DBSAC	4:02.01	HKMACR, R
2	1-6	AVOHK M50 4X400米 VALCARCEL ISRAEL, 馬敬將, 賴維揚, 黃健安		AVOHK	4:03.34	HKMACR, R
3	1-5	南華 M50 4X400米 (A) 黃東康, 陳文遠, 崔錦棠, 關永樂		SCAA	4:08.44	
4	1-4	LSCAC M50 4X400米 胡迪麟, 梁錦權, 曾冠球, 劉紹華		LSCAC	4:40.86	
5	1-8	DBSAC M50 4X400米 (B) 王偉濤, 羅文嘉, 林達智, 關文輝		DBSAC	4:45.99	
	1-7	南華 M50 4X400米 (B)		SCAA	DNS	

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主辦單位:



協辦機構:



合作伙伴:



合作媒體:





Hong Kong Masters Athletics Club  
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M50 - 5000M

Record	Perf	Athlete	Event	Place	Date
WMA RECORD 14:52.92		SEAN WADE		HOUSTON, USA	2016/03/25
HONG KONG RECORD 14:37.14		TSE CHUN YIN 謝俊賢	TCAA Open Athletics Championship	Wan Chai	2022/12/17
Masters ACR 16:52.16		CAPPER Michael	Hong Kong Masters Athletics	Wanchai SG	2015/10/03
HKMAC RECORD 16:52.16		CAPPER Michael	Hong Kong Masters Athletics	Wanchai SG	2015/10/03



2023/10/28



Start: 09:20



27°C



74%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-34	LAI HOK YAN JONNY	賴學恩	50369 PoliceAC	17:49.18	<i>Split: 03:37.02 (3:37.02) 07:15.65 (3:38.63) 10:51.48 (3:35.83) 14:24.79 (3:33.32) 17'49.18 (3:24.20)</i>
2	1-29	SZE YING KIT		50363 LSCAC	19:54.56	<i>Split: 03:56.25 (3:56.25) 07:56.69 (4:00.44) 11:57.67 (4:00.98) 15:58.32 (4:00.66) 19'54.56 (3:55.67)</i>
3	1-35	KWONG WAI MING	鄺維銘	50350 HKMP	20:31.97	<i>Split: 04:02.31 (4:02.31) 08:09.00 (4:06.69) 12:15.04 (4:06.04) 16:18.90 (4:03.86) 20'31.97 (4:12.10)</i>
4	1-30	HO BERNARD		50354 LSCAC	20:44.47	<i>Split: 03:56.71 (3:56.71) 08:03.49 (4:06.79) 12:12.70 (4:09.20) 16:22.49 (4:09.80) 20'44.47 (4:21.50)</i>
5	1-31	LO MAN KA	羅文嘉	50337 DBSAC	20:55.94	<i>Split: 03:59.42 (3:59.42) 07:59.75 (4:00.33) 12:06.53 (4:06.78) 16:33.38 (4:26.85) 20'55.94 (4:21.62)</i>
6	1-33	CHEUNG PING WONG	張炳煌	50368 PKMSAA	21:02.59	<i>Split: 04:09.43 (4:09.43) 08:16.69 (4:07.27) 12:25.86 (4:09.16) 16:40.43 (4:14.58) 21'02.59 (4:21.56)</i>
7	1-36		林達智	50324 DBSAC	21:18.15	<i>Split: 04:01.10 (4:01.10) 08:11.26 (4:10.16) 12:26.66 (4:15.40) 16:47.94 (4:21.29) 21'18.15 (4:30.05)</i>
8	1-37	LOK CHUN KIT		50351 JSA	22:13.06	<i>Split: 04:11.62 (4:11.62) 08:27.88 (4:16.26) 12:54.91 (4:27.03) 17:28.17 (4:33.26) 22'13.06 (4:44.83)</i>
	1-32	HO CHI KEUNG RICHARD CHRISTOPHER		50355 LSCAC	DNF	<i>Split:</i>

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主辦單位:



協辦機構:



合作伙伴:



合作媒體:



Hong Kong Masters Athletics Club  
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M50 - 5000mW

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-37	GREGOIRE PETER JOHN		50316 AVOHK	29:35.92	
						<i>Split: 05:40.44 (5:40.44) 11:36.65 (5:56.21) 17:37.87 (6:01.22) 23:43.01 (6:05.15) 29'35.920 (5:51.98)</i>
2	1-31	TSE LAP YIN JOHNNY	謝立言	50344 DBSAC	30:09.56	
						<i>Split: 05:45.96 (5:45.96) 11:46.03 (6:00.07) 17:53.27 (6:07.24) 24:00.57 (6:07.30) 30'9.559 (6:08.43)</i>
3	1-34		李仲華	50322 DBSAC	30:56.13	
						<i>Split: 05:32.18 (5:32.18) 11:46.51 (6:14.33) 18:15.88 (6:29.37) 24:37.68 (6:21.81) 30'56.130 (6:18.31)</i>
4	1-30	JACOBSEN ANTHONY PAUL	葉偉誠	50333 DBSAC	32:52.87	
						<i>Split: 05:57.64 (5:57.64) 12:35.22 (6:37.59) 19:09.30 (6:34.07) 25:54.71 (6:45.41) 32'52.870 (6:57.29)</i>
5	1-36	CHAN KA HUNG	陳嘉鴻	50325 DBSAC	34:28.31	
						<i>Split: 06:17.26 (6:17.26) 13:21.86 (7:04.60) 20:25.10 (7:03.24) 27:31.07 (7:05.98) 34'28.309 (6:56.92)</i>
6	1-35	LEUNG KAM KUEN MICHAEL	梁錦權	50360 LSCAC	34:31.54	
						<i>Split: 06:28.59 (6:28.59) 13:21.39 (6:52.80) 20:15.64 (6:54.25) 27:23.49 (7:07.85) 34:31.54 (7:07.51)</i>
7	1-32		李仕宏	50323 DBSAC	39:29.13	
						<i>Split: 07:36.70 (7:36.70) 15:38.81 (8:02.11) 23:38.55 (7:59.74) 31:38.59 (8:00.05) 39'29.129 (7:50.40)</i>
8	1-33	SHIU TAK CHI BYRON	邵得志	50342 DBSAC	45:08.22	
						<i>Split: 08:56.06 (8:56.06) 18:04.84 (9:08.79) 27:12.29 (9:07.44) 36:14.89 (9:02.60) 45:08.22 (8:53.11)</i>
	1-38	CHIU YEE HANG THOMAS		50353 LSCAC	DNS	
						<i>Split:</i>

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主辦單位:



協辦機構:



合作伙伴:



合作媒體:



Hong Kong Masters Athletics Club  
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M50 - 800M



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	1:58.65	NOLAN SHAHEED		EAGLE ROCK, US	2000/05/13
HONG KONG RECORD	1:52.17	LEUNG TAK WAI 梁達威			1999/04/18
Masters ACR	2:20.94	Lam Tsun Fat Peter 林俊發	Hong Kong Masters Athletics	TKO SG	2018/10/27
HKMAC RECORD	2:20.94	Lam Tsun Fat Peter 林俊發	Hong Kong Masters Athletics	TKO SG	2018/10/27



28 2023/10/28



Start: 15:25



26°C



84%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-4	VALCARCEL ISRAEL		50319 AVOHK	2:21.58	
2	1-4	WONG KIN ON	黃健安	50320 AVOHK	2:23.31	
3	1-6	WONG YAT CHEE	黃一慈	50348 HKLRRRC	2:28.19	
4	1-7	HO BERNARD		50354 LSCAC	2:32.70	
5	1-3	LO MAN KA	羅文嘉	50337 DBSAC	2:36.55	
6	1-8	WONG KENNETH WAI TAO	王偉濤	50346 DBSAC	2:42.04	
7	1-1	LEUNG KAM KUEN MICHAEL	梁錦權	50360 LSCAC	2:48.03	
8	1-2	LAI WAI YEUNG	賴維揚	50317 AVOHK	2:56.33	
	1-5	CHAN MAN YUEN	陳文遠	50370 SCAA	DNS	
	1-7	WU DIK HUNG TEDDY	胡迪熊	50365 LSCAC	DNS	

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主辦單位:



協辦機構:



合作伙伴:



合作媒體:



Hong Kong Masters Athletics Club  
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M50 - Shot Put



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	18.63	STUART GYNGELL		WOLLONGONG, AU	2014/01/25
Masters ACR	11.29	Kwok Tak Jim, Wicky 郭德露	Hong Kong Masters Athletics	TKO SG	2018/10/27
HKMAC RECORD	11.29	Kwok Tak Jim, Wicky 郭德露	Hong Kong Masters Athletics	TKO SG	2018/10/27



28 2023/10/28



Start: 10:40



28°C



70%

Final

Pos	Heat/ Lane	Name	Bib#/ Team	Result	Remarks	1	2	3	4
1	1-8	KWOK NINE WAH 郭念華	50356 LSCAC	11.20m.		10.90	11.20	10.67	10.33
2	1-7	TAM ERNIE 譚仲英	50343 DBSAC	9.09m.		8.15	8.50	9.09	8.33
3	1-6	WONG HO MAN ALBERT 黃浩文	50345 DBSAC	8.83m.		8.42	8.36	8.83	8.03
4	1-4	WONG WAI KUEN ANTHONY 王偉權	50347 DBSAC	8.52m.		7.45	8.09	8.52	8.01
5	1-1	李仕宏	50323 DBSAC	6.32m.		X	6.17	X	6.32
6	1-2	李仲華	50322 DBSAC	6.06m.		5.43	5.72	6.06	6.04
7	1-3	SHIU TAK CHI BYRON 邵得志	50342 DBSAC	5.58m.		5.18	5.34	5.23	5.58
	1-5	CHUI KAM TONG TONY 崔錦棠	50371 SCAA	DNS					
	1-9	TSANG KWUN KAU 曾冠球	50364 LSCAC	DNS					

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主辦單位:



協辦機構:



合作伙伴:



合作媒體:



Hong Kong Masters Athletics Club  
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M50 - Long Jump



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	6.84	TAPANI TAAVITSAINEN		GENEVE, SWI	1994/06/18
HONG KONG RECORD	8.12	CHAN MING TAI 陳銘泰	Hong Kong Athletic Championships	Wan Chai	2016/05/07
Masters ACR	5.92	TAM CHUNG YING ERNIE 譚仲英			2022/11/27
HKMAC RECORD	5.92	TAM CHUNG YING ERNIE 譚仲英			2022/11/27



2023/10/29



Start: 10:20



27°C



66%

Final

Pos	Heat/ Lane	Name	Bib#/ Team	Result	Remarks	1	2	3	4
1	1-10	TAM ERNIE 譚仲英	50343 DBSAC	5.63m.		5.53 -0.7	x	5.63 +0.2	3.48 -0.7
2	1-3	IP YIU TONG 葉耀堂	50349 HKMP	5.33m.		5.33 +0.9	5.23 +0.2	3.79 -0.2	5.27 -0.5
3	1-2	HUI TIT WAH 許鐵華	50373 SCAA	4.95m.		x	4.92 -0.2	4.95 +1.9	4.90 +0.3
4	1-8	LUI MOSES 雷裕武	50339 DBSAC	4.71m.		4.70 -0.5	4.71 +1.7	4.69 +0.2	r
5	1-7	CHAN MAN YUEN 陳文遠	50370 SCAA	4.61m.		4.61 -1.5	4.04 +0.5	3.64 +0.7	x
6	1-9	CHUI KAM TONG TONY 崔錦棠	50371 SCAA	4.37m.		x	x	x	4.37 -2.5
7	1-6	KWAN MAN FAI 關文輝	50334 DBSAC	4.29m.		4.29 +0.4	4.14 +0.1	4.20 -0.3	4.25 +0.2
8	1-1	WONG HO MAN ALBERT 黃浩文	50345 DBSAC	3.96m.		3.96 +0.5	3.74 -0.2	3.94 +0.6	3.56 +0.5
	1-5	CHU WAI TAK VICTOR 朱偉德	50315 AVOHK	DNS					
	1-4	KWOK SIU KAY KEVIN 郭兆基	50357 LSCAC	DNS					

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主辦單位:



協辦機構:



合作伙伴:



合作媒體:



Hong Kong Masters Athletics Club  
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M50 - Javelin Throw



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	76.16	ROALD BRADSTOCK		CLERMONT, USA	2012/06/02
Masters ACR	44.84	Ellison Steve	Hong Kong Masters Athletics	TKO SG	2018/10/27
HKMAC RECORD	44.84	Ellison Steve	Hong Kong Masters Athletics	TKO SG	2018/10/27



2023/10/28



Start: 12:10



28°C



70%

Final

Pos	Heat/ Lane	Name	Bib#/ Team	Result	Remarks	1	2	3	4
1	1-11	WONG HO MAN ALBERT 黃浩文	50345 DBSAC	34.07m.		34.07	31.92	24.59	29.97
2	1-8	LOWCOCK KEITH PATRICK	50338 DBSAC	30.65m.		25.39	28.67	30.65	29.97
3	1-9	KWOK NINE WAH 郭念華	50356 LSCAC	30.36m.		27.07	30.36	26.70	x
4	1-10	LAI PAK NIN CHRISTOPHER 黎百年	50336 DBSAC	29.22m.		29.22	x	x	x
5	1-6	李仕宏	50323 DBSAC	27.64m.		27.64	-	-	-
6	1-7	KWAN MAN FAI 關文輝	50334 DBSAC	24.86m.		23.34	24.86	24.41	24.77
7	1-3	CHAU ANTONIO 周偉雄	50327 DBSAC	24.72m.		24.72	x	23.10	x
8	1-2	WONG LEI PO 黃利寶	50376 SCAA	20.43m.		20.43	x	16.32	16.20
9	1-4	李仲華	50322 DBSAC	18.54m.		15.32	18.54	16.18	17.49
	1-5	CHU WAI TAK VICTOR 朱偉德	50315 AVOHK	DNS					
	1-1	LAI CHI WING BARRY 賴子榮	50335 DBSAC	DNS					

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主辦單位:



協辦機構:



合作伙伴:



合作媒體:





Hong Kong Masters Athletics Club  
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M50 - Discus Throw



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	68.40	KLAUS WEIFFENBACH		MEDELBY, GER	1997/05/10
Masters ACR	33.19	TSANG KWUN KAU 曾冠球			2022/12/04
HKMAC RECORD	33.19	TSANG KWUN KAU 曾冠球			2022/12/04



2023/10/29



Start: 13:00



27°C



62%

Final

Pos	Heat/ Lane	Name	Bib#/ Team	Result	Remarks	1	2	3	4
1	1-8	TSANG KWUN KAU 曾冠球	50364 LSCAC	33.03m.		31.51	32.61	x	33.03
2	1-7	KWOK NINE WAH 郭念華	50356 LSCAC	29.01m.		26.61	26.22	29.01	x
3	1-5	WONG HO MAN ALBERT 黃浩文	50345 DBSAC	27.92m.		24.11	25.27	26.64	27.92
4	1-6	CHAU ANTONIO 周偉雄	50327 DBSAC	26.28m.		21.73	25.32	26.28	24.21
5	1-4	TAM ERNIE 譚仲英	50343 DBSAC	26.21m.		24.63	24.85	25.47	26.21
6	1-3	李仕宏	50323 DBSAC	20.42m.		x	18.03	20.42	18.53
7	1-1	WONG LEI PO 黃利寶	50376 SCAA	18.79m.		x	x	18.79	17.03
	1-2	LAI CHI WING BARRY 賴子榮	50335 DBSAC	DNS					

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主辦單位:



協辦機構:



合作伙伴:



合作媒體:

